



WEST WILDWOOD VOL. FIRE DEPT. STATION 21

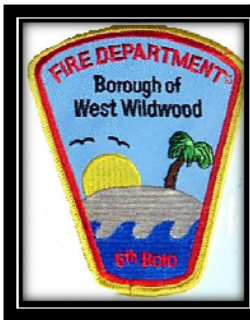
651 NORTH DRIVE WEST WILDWOOD, NJ 08260
WWW.WESTWILDWOODFD.ORG

Disaster Preparedness Checklist

EMERGENCY KIT

Assemble a family emergency kit that will last at least 3 days and include the following:

- | | |
|---|---|
| <input type="checkbox"/> Water (1 gallon per person per day) | <input type="checkbox"/> Dust mask |
| <input type="checkbox"/> Radio (separately packaged batteries) | <input type="checkbox"/> Gloves (with leather palm) |
| <input type="checkbox"/> Flashlight (separately packaged batteries) | <input type="checkbox"/> Eye protection/sunglasses |
| <input type="checkbox"/> Rain gear (lightweight) | <input type="checkbox"/> Writing kit |
| <input type="checkbox"/> Blankets & warm clothing | <input type="checkbox"/> Copies of important documents |
| <input type="checkbox"/> Food (non-perishable, canned) | <input type="checkbox"/> Waterproof sack/bag |
| <input type="checkbox"/> Can opener (non-electric) | <input type="checkbox"/> Bleach (household unscented) |
| <input type="checkbox"/> Shoes (sturdy) | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Cellular phone | <input type="checkbox"/> Money (small bills/credit cards) |
| <input type="checkbox"/> Fire extinguisher | <input type="checkbox"/> Medication |
| <input type="checkbox"/> Crowbar | <input type="checkbox"/> Eyeglasses / Contact Lenses |
| <input type="checkbox"/> Tool Kit | <input type="checkbox"/> Hearing aids |
| <input type="checkbox"/> Hygiene Kit | <input type="checkbox"/> Walking stick/cane/walker |
| <input type="checkbox"/> Plastic garbage bags | <input type="checkbox"/> Disabled people's special needs |
| <input type="checkbox"/> Eating utensils | <input type="checkbox"/> Infant Needs |
| <input type="checkbox"/> Clothing (extra) | <input type="checkbox"/> Pet Needs |
| <input type="checkbox"/> Duct tape | |
| <input type="checkbox"/> Shovel | |



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It is important to prepare for emergencies such as terrorism, fire, hazardous materials spills, power outages or natural disasters.

AWARENESS

Awareness about the safety risks in your home by following these preparedness measures will help to reduce deaths, injuries and property damage. Organize your household to be prepared for the next emergency or disaster and encourage the commitment of every family member.

UTILITIES

- Learn how to locate and shut-off (if necessary) water, gas and electricity.

EMERGENCY PLAN

- Create an evacuation plan that includes two exits out of every room in the home.
- Designate a family meeting place.
- Practice until everyone knows the plan and feels confident with it.
- Consider any special needs for the members of your household.
(Infants & small children, the elderly or disabled, and family members that may not speak English)

FAMILY CONTACT

Establish an **out-of-state** contact person to provide family members the ability to check in and receive messages. Following a disaster, even when regular telephone service resumes, out of state calls will be easier to place and will help to minimize the demand on local phone service lines.

Everyone should know the contact phone number and e-mail address. For school-aged children, write the number in their binder or backpack or include information on school emergency form.

PERSONAL INFORMATION

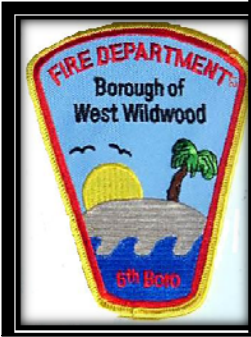
- Maintain a medical history information sheet for each household member.
- Verify that you have adequate insurance (life, disability, health, home, auto and other property).

MAINTAINING EMERGENCY KIT AND PLAN

- Make a schedule of what emergency kit items need to be inspected or replaced on a regular basis.
- Update emergency plan information as needed. Verify all information is current at least annually.
- Keep practicing and ensure that your plan is realistic and compatible with your changing needs.

PREPAREDNESS WHILE AWAY FROM HOME

Plan for emergencies in places where your family spends time (school, workplace, place of worship, etc.) Discuss what children should do if at school. Coordinate so there is an alternate person to pick-up children and list them on school emergency form.



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COMMUNITY AWARENESS

Volunteer to help your community become well prepared. Contact your local Office of Emergency Management or Fire Department for more information.

For additional information, please contact your local fire department or other community agencies:

West Wildwood Fire Department www.westwildwoodfd.org 609-846-6724 / 911
Borough of West Wildwood www.westwildwoodnj.com609-522-4845
West Wildwood Police Department www.westwildwoodnj.com 609-522-4845 / 911
Cape May County OEM www.capemaycountygov.net609-463-6570

FIRST AID/CPR

In the event of a disaster, emergency response services will be overloaded. **Be Prepared!** Learn first aid and CPR. For information about classes, call your local fire department or visit the following websites:

American Heart Association: www.americanheart.org

American Red Cross: www.redcross.org

West Wildwood Vol. Fire Department: www.westwildwoodfd.org